

A Prayer When the World Makes You Anxious

Dear God, I am prone to worry. I let the happenings of the world, the elections and the economy sit heavy on me. I need to find your peace. I invite you to restructure my thinking. May my hope be you. May my peace be you. May you help love flow out from me. Give me clarity. May I change what I am able to change and release what I can't. May I know that the greatest joy is staying where you are. God, thank you that you have the whole world in your hands. I need not fear because you are the best manager, orchestrator and caretaker. You made it all. I believe in your plan. Amen.