

## Setting Goals for Fruitful Living Dr. Charles Stanley

### 2 Samuel 7:18-22

In the 70s, I experienced a turning point in my walk with Christ. It started with [2 Samuel 7](#), which inspired me to follow in King David's footsteps. He spent time alone with God, offering praise and thanksgiving. He would also listen as the Lord revealed truth and offered insight about the future. Because of what he learned, David was able to set goals and stay aligned with them.

Desiring that kind of solitude, I spent several days alone in a camper at Georgia's Stone Mountain. Most of the time, I was silent, listening intently for God's voice. I asked Him to speak to me regarding my future, and He answered. Using a journal, I recorded the goals He inspired. The things He communicated so impacted my choices and so greatly blessed me that I continued the discipline every couple of months.

Let's discuss how to establish aims in this manner. First, come before the throne of Almighty God with a repentant heart, praise, and thanksgiving. Then, ask Him for direction in areas such as spiritual life, career, and family. In silence, wait patiently and attentively—as you read and meditate upon God's Word, He will speak. Most often, His guidance is experienced as a prodding or conviction in the heart. When that happens, be sure to write down what you're "hearing" so you can review it later.

In order to stay on the path God intends for our lives, we should plan times to stop, ask, and listen for guidance. The world throws confusing messages at us all day long, and we need to check our course frequently. These conversations with the Lord are vital for a thriving life of godly impact.