

Session 3:

Petition

Small Group Study Guide

1. Introduce the session

5 minutes

Key verse

“Give us this day our daily bread” – Matthew 6:11

- In this session we’ll unpack the significance of asking God in prayer.
 - Begin the session by opening in prayer.
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2. Watch the Video

20 minutes

Bible passages

Matthew 7:7-11, Matthew 18:19

Summary points

- The Father loves to give good gifts.
 - Traffic lights: Yes, Wait, No.
 - Sometimes we need to “stack dominoes” and persevere in prayer
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3. Discussion Questions

20 minutes

Q. What did you find most helpful or most challenging in the video?

“Although God knows our need, he does still want us to articulate it to him”

Q. Poppy pointed out that it’s often easier to believe God can change things in our hearts rather than believing in things we can see in the world. Do you agree?

Q. How often do you ask God for what you want as well as what you need?

Pete uses the traffic light analogy to describe different ways God responds to our prayers:

Green: Yes

Amber: Wait / Persevere

Red: No

Q. Are you experiencing a “green”, “amber” or “red” response to any specific prayers at the moment? Share your experiences together.

Leader’s note

You might like to split into smaller groups at this stage so that everyone has a chance to respond honestly.

4. Do it

15 minutes

In smaller groups, take time to pray for one another’s prayer requests. Remember the following as you pray:

Pray incrementally: Pray for a specific next step, rather than jumping to the top of the staircase

Pray the promises of God: Is there a specific promise that relates to the situation?

You also might like to follow the **P.R.A.Y** model – start by **pausing** and welcome the Holy Spirit, then **rejoice** and give thanks before **asking**. Remember to **yield** and surrender everything back to God as you finish.

Toolshed resources: Petition

These can be found at prayercourse.org/toolshed

- Palms up, Palms down
- How to Maintain a Prayer List
- How to Pray the Promises of God