

A Prayer for Peace of Mind

Almighty God, We bless you for our lives,
we give you praise for your abundant mercy and grace
we receive. We thank you for your faithfulness even
though we are not that faithful to you.

Lord Jesus, we ask you to give us all around
peace in our mind, body, soul and spirit.

We want you to heal and remove everything that is
causing stress, grief, and sorrow in our lives.

Please guide our path through life and make our
enemies be at peace with us. Let your peace reign in our family,
at our place of work, businesses and everything we lay our hands on.

Let your angels of peace go ahead of us when we go out
and stay by our side when we return. In Jesus' name, Amen.

The Serenity Prayer

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.
Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to peace;
Taking, as He did, this sinful world
as it is, not as I would have it;
Trusting that He will make all things right
if I surrender to His Will;
That I may be reasonably happy in this life
and supremely happy with Him
Forever in the next.
Amen.