

I ask your Heavenly Father to richly bless you in all the places I failed to bless you.

I ask the Lord Jesus Christ by the power of His Cross and Blood to set you free now from any harsh or cruel words that I said... especially the ones you keep remembering over and over...I am so sorry.

I ask the Lord to set you free from any heart injuries you sustained from me or from others in whose care I placed you.

I ask the Holy Spirit to set you free from heartache, disappointments, dreads, grief, or rage you cannot resolve.

And I'm so sorry for any other struggles I may have caused you...

May you be healed from being ignored by me...or overindulged by me.

If I ever made you feel less than or not good enough... I am deeply sorry and ask you to please forgive me.

May the Lord set you free from working so hard to please me when you thought nothing ever would.

May the Lord set you free from trying to get from me what I never had to give you... I'm so sorry.

May the Lord set you free from blaming me for failing you... not because I need that, but so you can be free to grow;... to receive;... and to achieve;... to be creative in ways you have not yet imagined.

May the Lord give you all the things I was unable or unwilling to give you.

May the Lord guide you in ways I never could and grant you peace.

May the Lord free you from the effects of my addictions, my sins, my anxieties and my anger.

May the Lord free you from feeling that you have to always be perfect or that you have to be what I expected you to be.

I pray that God will help you to see that the hurt and pain I caused you came from my own selfishness. It limited me, and I am so sorry if it has limited you.

I pray that God will remove from you any belief that you were not wanted...or loved.

I pray that the Lord will release you from any unhealthy bond that you may have with me... I want you to keep all of the good that came from me, and give the garbage to God.

My beloved sons... my precious daughter... I love you. I am so proud of you. I am so glad you were born. Take flight, my love... soar into the heights of God's destiny for you... fly free... and live!